



Fall Fiesta



TENANT FEATURE:

PhysioDNA:
278 Church St (ground floor)

We are fortunate enough to have our very own physio clinic on site to cure what ails you.

Featuring services such as:

- chiropractic
- osteopathy
- physiotherapy
- massage
- fascia stretch
- ... and more

visit physiodna.com for more info

NEW ADDITIONS:

Sage Dental Partners - Suite 210

FOR LEASE:

Suite 203: 1,636 sq ft
(available immediately)

FOR SUBLEASE:

1,000 sq ft within suite 401
(available immediately)

This year we turned it up a notch and hosted a Tenant
Appreciation BBQ to remember.

Check out all the amazing smiling faces from our photo booth.

Can't wait to see you all next year!



FOR LEASE:

Suite 102: 1,267 sq ft

Suite 204: 4,522 sq ft

Suite 211: 1,760 sq ft

Suite 215: 1,126 sq ft



SAVE THE DATE

This year's Tenant Appreciation Lunch will be held on
October 24th from 12-2pm for all tenants at this property.



TENANT FEATURE:

PRECISION

Sexual Health Clinic for Men: suite 305

With Movember approaching, we thought it would only be appropriate to highlight our very own Dr. Emmanuel Kanu.

Though many grow moustaches to raise awareness of men's health issues, we encourage you to check out all that this clinic can do.

visit precisionclinicmississauga.ca for more info

FOR LEASE:

10 Kingsbridge

- suite 102: 888 sq ft
- suite 300: 3,785 sq ft
- suite 301: 6,992 sq ft
- suite 402: 1,548 sq ft
- suite 406: 1,129 sq ft
- suite 503: 1,239 sq ft
- suite 507: 1,747 sq ft (coming soon)
- suite 508: 1,364 sq ft (coming soon)
- suite 703: 2,980 sq ft
- suite 708: 1,887 sq ft (coming soon)
- suite 800: 3,771 sq ft (coming soon)

20 Kingsbridge

- suite 2007: 896 sq ft



TENANT FEATURE:

Mind Forward Brain Injury Services
176 Robert Speck Pkwy

“Mind Forward Brain Injury Services is a not-for-profit charitable organization, completely funded by Ontario Health to provide community based rehabilitation and life-long support for adults whose lives have been touched by acquired brain injury.”

For many, acquired brain injuries are an unfortunate reality. We are so grateful for the work done here and especially proud to call Mind Forward our tenants.

visit mindforward.org for more info

FOR LEASE:

200-186 RSP: 2,024 sq ft



TENANT FEATURE:

Power Yoga

1680 Lakeshore Rd W, Unit 3

This one needs no introduction. Some of us could really use a stress release and this is a healthier option than the vices usually chosen (no judgement).

If you need a little extra attention, tell them Lisgar sent you.

You're welcome :)



THAT'S IT FOR OUR FALL FIESTA, BUT
WE'LL SEE YOU ONCE MORE FOR OUR
CANDLELIGHT CHRISTMAS SERIES

LISGAR'S LATEST